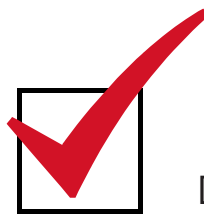


Johnny Mac's

SPORTING GOODS
YOUR "HOME TEAM" STORE



WRESTLING CHECKLIST

Do you have ALL of your gear?

GAME & PRACTICE GEAR

- Headgear
- Knee Pads
- Wrestling Shoes
- Jump Ropes
- Weighted Jump Ropes
- Agility Ladder
- Step Hurdles
- Medicine Balls
- Mouthguard

ON THE MAT EQUIPMENT

- Mat Tape
- Mat Cleaner
- Mat Straps
- Body Cleaning Wipes
- Tabletop Scoreboard
- Flip Scorekeeper
- Ankle Bands
- Wristbands
- Flip Discs

REFEREE GEAR

- Jersey
- Whistle
- Watch/Game Timer
- Shoes

ALWAYS REMEMBER

- Medical

- Braces
- Pre-Wrap & Athletic Tape
- Ice Packs
- Trainer Bag
- First Aid Kit
- Disinfectant
- Heart Rate Monitor

- Hydration

- Water Cooler
- Water Bottles & Carrier
- Gatorade

COACHES GEAR

- Polos
- T-Shirts
- Pants
- Shoes
- Sweats & Hoodies
- Pullover
- Lanyard & Whistles
- Stopwatch
- Clipboard
- Coaches Board
- Scorebook

PLAYER GAME APPAREL

- Game Singlet
- Shorts
- Team Shoes
- Team Socks
- Knee Pads
- Hairbands
- Towels
- Team Backpacks

PLAYER PRACTICE APPAREL

- Practice Singlet
- Hooded Sweatshirt
- Sweatpants
- T-Shirts
- Shorts
- Socks

LET OUR PROS CHECK OFF EACH ITEM ON YOUR LIST!